



## I'm more confident in my health. The Heart Failure Support Program. Call to start today.

If you find it difficult to manage your heart condition, [the Heart Failure Support Program](#) may be right for you. This program is included in your health benefits plan at no additional cost.

Connect one-on-one with a personal nurse who will work with you over the phone to help you live your healthiest life.

See how small steps can lead to meaningful results by working with your nurse to:

- Understand your condition and get information about cost-effective and appropriate tests and procedures
- Manage your condition through daily monitoring of weight and symptom changes
- Understand the right medications for heart failure and monitor your prescriptions
- Coordinate care with your doctor
- Reduce unnecessary hospital stays



**1-866-202-0434**

**myuhc.com**



**This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room.** The material provided through this program is for your information only. Program nurses and other representatives cannot diagnose problems or suggest treatment. This program is not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law.

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