

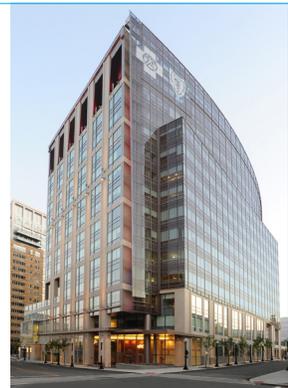
CONNECT WITH BLUE CROSS & BLUE SHIELD OF RHODE ISLAND (BCBSRI)

Get to know your new medical plan administrator—and learn more about your benefits.

We're here to help!

Call the **State of Rhode Island Employee CARE Center**
at (401) 429-2104 or 1-866-987-3705

Monday – Friday, 8:00 a.m. – 8:00 p.m., and
Saturday, 8:00 a.m. – noon.



What you can do once you receive your ID card(s) in late December

Verify your ID card information is accurate

- If it's not, call the State of Rhode Island Employee CARE Center for help

Opt-in for Your Blue Wire RI text messaging

- Call the number on your ID card sticker to opt in
- Receive helpful mobile messages, such as plan updates and health reminders

Select a PCP if one is not listed on your ID card

- Call the State of Rhode Island Employee CARE Center



Name of PCP
would be here.

Confirm your PCP will forward referrals to specialists you're seeing

- You will NOT be denied for covered services without a referral
- However, you will pay more in copays (Anchor/Anchor Plus) or coinsurance after deductible (Anchor Choice)

After January 1, 2020, when your new plan takes effect

Stay informed with Your Blue Touch RI, BCBSRI's convenient mobile app

- Download the free app in the Apple® App Store or Google®Play¹
- Use it to review benefits, check a claim, or find a doctor anytime

Register at bcbsri.com to manage your account online

- Get info on specific benefits and ways to maximize your health plan

Register for Doctors Online, a telehealth service for virtual doctor visits

- Consult a board-certified doctor 24/7 via phone or computer video chat
- Use for common, non-emergency concerns, like coughs, fever, sinus pain, and more
- Schedule behavioral health sessions with licensed therapists and board-certified psychiatrists
- Learn more at bcbsri.com/employee/member/care²

Check out the Blue365® loyalty program for exclusive health and wellness deals

- Visit blue365deals.com to find offers and sign up for email alerts

Download Blue Solutions Spending on the Go app (if you've selected Anchor Choice with an HSA)

- Manage your HSA from anywhere with this useful mobile app
- View account balances, update your profile, and submit claims

Visit Your Blue StoreSM retail locations in Warwick, Lincoln, or East Providence

- Get in-person answers to questions
- Take a free fitness class
- Speak to a clinical team member
- Participate in health and wellness screenings

¹Standard mobile phone carrier and data usage charges apply. The downloading and use of the Your Blue Touch RI mobile app is subject to the terms and conditions of the app and the online stores from which it is downloaded. Apple, the Apple logo and iPhone are trademarks of Apple Inc., registered in the U.S. and other countries. App Store is a service mark of Apple Inc. Android and Google Play are trademarks of Google Inc.

²Doctors Online is a telemedicine service provided by American Well®, an independent company that administers Doctors Online on behalf of Blue Cross & Blue Shield of Rhode Island.

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