

Employee Assistance Program (EAP) Monthly Email – June 2023

Supporting the LGBTQIA+ community

Although acceptance of the LGBTQIA+ community continues to grow, coming out can be as difficult as it is liberating. Your Carelon Wellbeing benefit offers support and resources at no extra cost. Use it to:

- Find help for yourself or someone you know.
- Access emotional health resources.
- Find professional counseling online or in person.
- Learn how to build a support network.
- Create an atmosphere of acceptance.

Your Employee Assistance Program (EAP)

Anytime, any day, you have free, confidential access to professional consultants and online resources to help you be your best. Just call or log on to get started.



PHONE: 866-987-3705 | 401-429-2104

WEBSITE: https://stateofrhodeisland.mybeaconwellbeing.com

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Office of Employee Benefits One Capitol Hill, 3rd Floor Providence, RI 02908 www.employeebenefits.ri.gov Phone: (401) 574-8530 Fax: (401) 574-9281