

HEALTHCARE WHEN YOU NEED IT



Sometimes, seeing a doctor in-person simply isn't an option.

Fortunately, there's a cure for that. Doctors Online provides 24/7 access to top-rated, board-certified doctors via smartphone, tablet, or computer. It's a convenient healthcare option when you are traveling, need routine care outside of normal provider hours, or simply can't see a doctor in-person.

24/7 help for common medical conditions

Most virtual visits take 10 - 15 minutes. Doctors Online is ideal for common, non-emergency health concerns such as:

- Ear or sinus pain
- Allergies
- Urinary tract infections
- Nausea, vomiting, diarrhea
- Mild asthma

State of Rhode Island employee copays are as follows:

- Anchor Plan - \$15
- Anchor Plus Plan - \$15
- Anchor Choice Plan - \$50, on average, for urgent care before deductible



THE DOCTORS OF DOCTORS ONLINE

Doctors provide consultation, diagnosis, and prescriptions (when available and appropriate). They are all U.S. board-certified, licensed, and have online profiles, so you can see their education and practice experience.

Pre-scheduled care for behavioral health concerns

You can also schedule virtual behavioral healthcare appointments—either one-time or recurring—through Doctors Online. Licensed therapists and board-certified psychiatrists are available for help with behavioral health concerns such as anxiety, depression, stress, and ADHD.

LEARN HOW TO SIGN UP AND REGISTER YOUR ACCOUNT WITH DOCTORS ONLINE.

Create your Doctors Online account.

- Search “**Drs. Online**” from the Apple App Store or Google Play*, or visit **drs-online.com**.
- Enter your **contact information**.
- Set up your **username** and **password**.

Once you're logged in, add your BCBSRI insurance information.

- ① From the first screen, click on “**More**” at the bottom.
- ② Next, click on ‘**My Insurance**.’
- ③ Add your **BCBSRI member ID** number where indicated and complete the other required fields.
- ④ Hit ‘**Save**.’

Your Doctors Online account has been created and is ready whenever you need it.

